

Welcome to Learning Skills Services. We're here to help you develop the skills you need to achieve your academic goals.

Workshops offered through Learning Skills Services (LSS) are designed to improve your learning skills and help you achieve your academic goals – “learn how to learn” and improve your effectiveness and efficiency as a university student.

If you complete eight or more of our workshops, you qualify for our Passport to Success Certificate, which can be added to your Co-Curricular Record.

Bring this Passport to Success Checklist to each workshop to be signed by the facilitator.



2017-10



CONTACT

For monthly workshop calendars and descriptions of our services:

- visit our website at go.yorku.ca/learning-skills,
- contact us on Facebook  and Twitter  [@mysuccessyorku](https://twitter.com/mysuccessyorku), or
- call us at 416-736-5144.



STUDENT SUCCESS CENTRE
PARTNERS IN STUDENT SUCCESS

PASSPORT TO SUCCESS

LEARNING SKILLS
SERVICES WILL HELP
YOU ACHIEVE YOUR
ACADEMIC GOALS

LEARNING COMMONS
2nd Floor, Scott Library



go.yorku.ca/learning-skills

LEARNING SKILLS WORKSHOPS

BOOST YOUR LEARNING POWER

Looking for ways to become a better student and boost your learning power? This workshop will help you discover your own learning preferences and style, and introduce you to the top research-supported learning strategies.

CRITICAL THINKING

Learning involves more than memorizing facts and figures. Learn to push beyond descriptive levels by examining deeper levels of understanding, analysis and critical thinking.

EXAM PREPARATION

Multiple choice, short answer, calculations or essay style – which form is your personal nemesis? Whatever the format on your midterms or finals, get help preparing for exams.

GET ON TRACK

Feeling so overwhelmed by upcoming deadlines and exams that you're not sure where to begin? We'll help you find the motivation to organize your workload into manageable steps. Get your academic goals back on track with hands-on planning.

MANAGING ACADEMIC STRESS

Are you feeling overwhelmed by your workload and struggling to get good grades? Learn new strategies for managing the anxieties and stresses of university life.

MATH & SCIENCE STUDY TIPS

To cope with the unique learning demands of math and science courses, you need special strategies to achieve academic success. Attend this workshop to find out more!

MEMORY

Most people only use a tiny fraction of their brain power. Learn techniques to help you transfer all that course information into your long-term memory, along with the strategies you'll need to retrieve that information when you need it most.

PRESENTATION SKILLS

Does the idea of presenting in front of a group give you the jitters? You're not alone. Develop the tools to effectively develop and deliver a presentation.

READING & NOTE-TAKING

Many students struggle to keep up with readings and lecture notes. Learn effective techniques to help you stay on top of your coursework.

SECRETS OF ACADEMIC SUCCESS

Looking for key strategies to improve your academic achievement and confidence? Wondering which learning skills you most need to succeed at university? Take this workshop and find out!

STARTING OFF STRONG (1st year students only)

New to York U? Feeling a little overwhelmed? Discover tools, tips and strategies to get you on the path to achieving your academic goals!

TIME MANAGEMENT

Having trouble balancing school, work and life? How much study time is enough? Learn practical, personalized approaches for managing your time.

WRITING TIPS

Term paper due? Essay to write? Academic writing can be a challenge. This workshop will help you plan, organize and fine-tune your writing, from picking a topic right through to final proofreading.

LEARNING COMMONS WORKSHOPS

Up to two workshops given by our Learning Commons (LC) partners can now be included in the eight topics needed to attain your Passport to Success. LC Partners include:

- York University Libraries;
- The Writing Centre; and
- The Career Centre.

For a complete list of workshops offered by the LC and its partners, visit: learningcommons.yorku.ca/workshops.

WORKSHOP CHECKLIST

Name _____

Student # _____

E-mail _____

Phone Number _____

Please ask the facilitator to sign and date this checklist after each workshop you attend.

WORKSHOPS I'VE ATTENDED

Boost Your Learning Power _____

Critical Thinking _____

Exam Preparation _____

Get on Track _____

Managing Academic Stress _____

Math & Science Study Tips _____

Memory _____

Presentation Skills _____

Reading & Note-taking _____

Secrets of Academic Success _____

Starting off Strong _____

Time Management _____

Writing Tips _____

Other LC Workshop _____

Other LC Workshop _____

Other _____

Other _____

Other _____

Other _____