




Workshops are open to all York students. For registration information, visit our website:

<https://lss.info.yorku.ca>

Monday	Tuesday	Wednesday	Thursday	Friday
	Peer Academic Coaching (PAC) by appointment only: https://lss.info.yorku.ca/peer-academic-coaching/	1 CANADA DAY HOLIDAY University Closed	2 PAC 1 – 3	3 Memory 10 - 11 AM
6 Learning Power 10:30 – 11:30 AM	7 PAC 2 - 4	8 Time Management 3 – 4 PM	9 PAC 1 – 3	10
13 Writing Tips 2 – 3 PM	14 PAC 2 – 4	15 Managing Academic Stress 11:30 – 12:30PM	16	17
20 Reading & Notetaking 1:30 – 2:30 PM	21 Staying Motivated Working from Home, 10 – 11 AM PAC 2 – 4	22 Exam Prep 10:30 -11:30AM	23 PAC 1 – 3	24
27	28 PAC 2 – 4	29 Memory 2 – 3 PM	30 PAC 1 – 3	31 Managing Academic Stress 2:30 – 3:30 PM
AUGUST 3 HOLIDAY University Closed	Aug 4 PAC 2 – 4	Aug 5 Exam Prep 3 – 4 PM	Aug 6 PAC 1 – 3	Aug 7

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- Schedule subject to change – please visit <https://lss.info.yorku.ca> for the most up-to-date schedule